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HY-TEK's Meet Manager 5/8/2009 09:1

Ken Shannon-Ken Foreman 2009 - 5/8/2009

Seattle, WA

Results

Women 100 Meter Dash

=====			
Name	Year	School	Finals
=====			
Section 1	Wind: 0.2		
1	705	Channell, Jane	Simon Fraser 12.48
2	605	LeBrun, Amy	Pacific Lutheran 12.50
3	668	Lout, Alyssa	Seattle U. 12.77
4	602	Arceneaux, Lakia	Pacific Lutheran 12.80
5	505	Douglas, Danielle	British Columbia 13.07
6	607	Putnam, Chelsea	Pacific Lutheran 13.15
--	867	Zukowski, Megan	Western Washingt DQ
Section 2	Wind: -0.6		
1	716	Wong, Hali	Simon Fraser 13.31
2	715	Williams, Valerie	Simon Fraser 13.40
3	515	Railey, Natalie	British Columbia 13.65
4	761	Mendenhall, Martha	Unattached 13.87
5	507	Fox, Amanda	British Columbia 13.89
6	556	Kuhnly, Gail	Christ Life Trac 15.59

Women 200 Meter Dash

=====			
Name	Year	School	Finals
=====			
Section 1	Wind: -1.8		
1	704	Carter, Breanne	Simon Fraser 25.58
2	705	Channell, Jane	Simon Fraser 25.72
3	605	LeBrun, Amy	Pacific Lutheran 25.94
4	702	Boss, Traci	Simon Fraser 26.23
5	503	Chin Aleong, Janes	British Columbia 26.34
6	668	Lout, Alyssa	Seattle U. 26.72
7	671	Obradovich, Clare	Seattle U. 26.74
Section 2	Wind: -2.0		
1	645	Peterson, Lisette	Seattle Pacific 26.98
2	673	Purcell, Rachel	Seattle U. 27.19
3	522	Tran, Sophie	British Columbia 27.22

4	738 Good, Emma	Treasure Valley	27.26
5	679 Wolf, Elizabeth	Seattle U.	27.39
6	505 Douglas, Danielle	British Columbia	27.60
Section 3 Wind: -2.4			
1	603 Gunderson, Callie	Pacific Lutheran	27.74
2	737 davies, Tyshae	Treasure Valley	28.18
3	515 Railey, Natalie	British Columbia	28.47
4	743 Root, Janae	Treasure Valley	28.92
5	761 Mendenhall, Martha	Unattached	29.84
6	556 Kuhnly, Gail	Christ Life Trac	33.11

Women 400 Meter Dash

Name	Year	School	Finals
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Section 1

1	639 Hinton, Jessica	Seattle Pacific	57.54
2	702 Boss, Traci	Simon Fraser	58.24
3	803 Finch, Lindsay	Washington	59.45
4	738 Good, Emma	Treasure Valley	1:01.15
5	603 Gunderson, Callie	Pacific Lutheran	1:01.32
6	713 Vogt, Emma	Simon Fraser	1:02.04
7	737 davies, Tyshae	Treasure Valley	1:03.51
8	743 Root, Janae	Treasure Valley	1:03.67

Section 2

1	522 Tran, Sophie	British Columbia	1:03.54
2	518 Rice, Nori	British Columbia	1:06.54

Women 800 Meter Run

Name	Year	School	Finals
------	------	--------	--------

Section 1

1	810 Kirschman, Lindsey	Washington	2:12.85
2	708 Hudson, Ali	Simon Fraser	2:13.36
3	711 Shaw, Angela	Simon Fraser	2:14.86
4	860 Johnson, Rachael	Western Washingt	2:14.90
5	631 Anderberg, Lisa	Seattle Pacific	2:15.34
6	791 Mosewich, Amber	Vancouver T-Bird	2:24.73
--	590 Schaffer, Lauren	Idaho	DNF

Section 2

1	665 Hamann, Jen	Seattle U.	2:18.14
---	-----------------	------------	---------

2	866 Watson, Cheri	Western Washingt	2:18.27
3	703 Brennan, Olivia	Simon Fraser	2:19.25
4	847 Butcher, Meryl	Western Oregon	2:21.47
5	511 Imlach, Brittany	British Columbia	2:21.81
6	714 Weslowski, Jennife	Simon Fraser	2:23.01
7	678 Waters, Nicole	Seattle U.	2:31.09
8	516 Rajala, Amelia	British Columbia	2:32.61
9	568 Brager, Amanda	Everett CC	2:33.40

Women 1500 Meter Run

Name	Year School	Finals
------	-------------	--------

Section 1

1	779 Schaaf, Kendra	Unattached-Washi	4:23.55
2	642 Larson, Jane	Seattle Pacific	4:30.77
3	808 Huber, Mo	Washington	4:36.65
4	591 Schoch, Teegan	Idaho	4:38.08
5	812 Linnell, Allison	Washington	4:39.15
6	820 Schutte, Bailey	Washington	4:39.28
7	846 Applebee, Annan	Western Oregon	4:40.80
8	637 Harline, Kate	Seattle Pacific	4:41.27
9	798 Bonner, Ellie	Washington	4:43.11
10	802 Evans, Kayla	Washington	4:53.06
11	511 Imlach, Brittany	British Columbia	5:04.06

Section 2

1	599 Klettke, Kelsey	Lewis-Clark	4:50.49
2	849 Zambon, Erica	Western Oregon	4:50.80
3	759 Johnson, Jen	Unattached	4:54.05
4	660 Cadelinia, Rhianno	Seattle U.	4:57.64
5	851 Boyer, Jessica	Western Washingt	4:59.46
6	672 Prather, Allison	Seattle U.	5:02.75
7	741 Nielson, Brook	Treasure Valley	5:06.57
8	662 Cottle, Alison	Seattle U.	5:37.95

Women 5000 Meter Run

Name	Year School	Finals
------	-------------	--------

Section 1

1	517 Reeve, Sabrina	British Columbia	17:25.43
2	647 Plunkett, Natty	Seattle Pacific	17:30.90

3	852 Breihof, Lauren	Western Washingt	17:32.38
4	552 Mullen, Marcie	Central Washingt	17:33.49
5	571 Hall, Megan	Everett CC	18:47.65
6	669 Martinez, Natalie	Seattle U.	18:50.93
7	558 ashby, christina	Club Northwest	19:09.86
8	638 Hart, Katie	Seattle Pacific	19:16.67
9	637 Harline, Kate	Seattle Pacific	19:31.89
10	569 Costigan, Jessica	Everett CC	19:54.98
11	740 Nielson, Brina	Treasure Valley	19:59.18
12	666 Innes, Jennifer	Seattle U.	20:11.71
13	574 Whipple, Kelsey	Everett CC	20:22.19
14	570 Cotterill, Lacey	Everett CC	20:22.86
15	573 Minor, Jolene	Everett CC	20:24.43
16	640 Kiracofe, Stephani	Seattle Pacific	20:43.26
17	712 Tongue, Katie	Simon Fraser	20:54.63
18	636 Hanscomm, Margaret	Seattle Pacific	21:04.93
19	568 Brager, Amanda	Everett CC	21:33.34

Women 100 Meter Hurdles

=====			
	Name	Year School	Finals
=====			
Section 1 Wind: -1.2			
1	588 Bergland, Heather	Idaho	14.23
2	858 Howe, Michelle	Western Washingt	14.77
3	795 Stoffman, Zaria	VOC	14.90
4	559 Smith, Audra	Club Northwest	15.08
5	629 McGrane, Caitlin	Puget Sound	15.55
6	677 Vranizan, Rachel	Seattle U.	16.76
7	676 Urbany, Becca	Seattle U.	17.62
8	514 Pattison, Alana	British Columbia	21.96

Women 400 Meter Hurdles

=====			
	Name	Year School	Finals
=====			
Section 1			
1	814 Martin, Syreeta	Washington	1:01.36
2	762 Van Den Bulk, Jean	Unattached	1:02.08
3	646 Pike, Jenifer	Seattle Pacific	1:02.76
4	806 Glass, Joi	Washington	1:02.95
5	601 Araya, Faven	Pacific Lutheran	1:03.47

6	506 Farish, Catharine	British Columbia	1:03.77
7	513 Nano, Anna-Mari	British Columbia	1:04.87
Section 2			
1	823 Visoria, Lauren	Washington	1:06.59
2	677 Vranizan, Rachel	Seattle U.	1:08.34
3	504 Cole, Meisha	British Columbia	1:08.49
4	744 Thompson, Blythe	Treasure Valley	1:15.41

Women 3000 Meter Steeplechase

=====			
	Name	Year School	Finals
=====			
Section 1			
1	710 Palibroda, Emily	Simon Fraser	11:17.32
2	560 Steen, karen	Club Northwest	11:19.63
3	863 Olsen, Courtney	Western Washingt	11:27.01
4	606 Miller, Lexie	Pacific Lutheran	11:34.85
5	641 Krepel, Kayti	Seattle Pacific	11:35.69
6	651 Williams, Mary	Seattle Pacific	11:36.87
7	857 Hartnett, Phoebe	Western Washingt	11:43.14
8	707 Gonzales, Bianca	Simon Fraser	11:43.43
9	520 Strong, Jenny	British Columbia	11:56.49
10	551 Mendoza, Adriana	Central Washingt	11:59.32
11	523 Venner, Alexandra	British Columbia	12:20.23
--	821 Stopa, Amanda	Washington	DQ

Women 4x100 Meter Relay

=====			
	School		Finals
=====			
1	Washington 'A'		46.36
	1) 796 Ankton, Falesha	2) 811 Lauderdale, Dominique	
	3) 800 Carlson, Jordan	4) 807 Greene, Bianca	
2	Simon Fraser 'A'		48.48
	1) 702 Boss, Traci	2) 704 Carter, Breanne	
	3) 705 Channell, Jane	4) 716 Wong, Hali	
3	Pacific Lutheran 'A'		48.68
	1) 607 Putnam, Chelsea	2) 602 Arceneaux, Lakia	
	3) 601 Araya, Faven	4) 605 LeBrun, Amy	
4	Seattle U. 'A'		49.53
	1) 668 Lout, Alyssa	2) 671 Obradovich, Clare	
	3) 679 Wolf, Elizabeth	4) 673 Purcell, Rachel	

5	British Columbia	'A'	51.19
1)	505 Douglas,	Danielle	2) 522 Tran, Sophie
3)	507 Fox,	Amanda	4) 514 Pattison, Alana
6	Treasure Valley CC	'A'	51.67
1)	736 Collins,	Racheal	2) 743 Root, Janae
3)	737 davies,	Tyshae	4) 738 Good, Emma
7	Seattle U.	'B'	52.52
1)	676 Urbany,	Becca	2) 675 Tetzlaff, Toni
3)	659 Cabebe,	Courtney	4) 677 Vranizan, Rachel

Women 4x400 Meter Relay

School		Finals
1	British Columbia 'A'	4:13.56
1)	519 Richard,	Claudia
3)	509 Hazarat,	Rana
2	Seattle U. 'B'	4:25.09
1)	659 Cabebe,	Courtney
3)	678 Waters,	Nicole
2)	503 Chin Aleong,	Janessa
4)	506 Farish,	Catharine
2)	672 Prather,	Allison
4)	665 Hamann,	Jen

Women High Jump

Name	Year School	Finals
Flight 1		
1 854 Cook, Clara	Western Washingt	1.71m 5-07.25
1.45 1.50 1.55 1.60 1.65 1.71 1.74		
P P O O O XO XXX		
2 999 McNamee, Kelly	Washington	1.65m 5-05.00
1.45 1.50 1.55 1.60 1.65 1.71		
P P P P O XXX		
3 819 Robblee, Robyn	Washington	1.60m 5-03.00
1.45 1.50 1.55 1.60 1.65		
P O XO XXO XXX		
3 864 Schwindler, Sabrin	Western Washingt	1.60m 5-03.00
1.45 1.50 1.55 1.60 1.65		
P O XXO XO XXX		
3 1000 Soules, Caroline	Unattached	1.60m 5-03.00
1.45 1.50 1.55 1.60 1.65		
P O O XO XXX		
6 559 Smith, Audra	Club Northwest	1.55m 5-01.00

	1.45	1.50	1.55	1.60			
	O	O	XXO	XXX			
6	813 Lombardo, Allison	Washington	1.55m	5-01.00			
	1.45	1.50	1.55	1.60			
	P	P	XXO	XXX			
8	701 Barnett, Rachelle	Simon Fraser	1.50m	4-11.00			
	1.45	1.50	1.55				
	P	O	XXX				
8	743 Root, Janae	Treasure Valley	1.50m	4-11.00			
	1.45	1.50	1.55				
	XO	O	XXX				
8	510 Hewitt, Katie	British Columbia	1.50m	4-11.00			
	1.45	1.50	1.55				
	XO	XXO	XXX				
8	643 Mattson, Jaquie	Seattle Pacific	1.50m	4-11.00			
	1.45	1.50	1.55				
	P	XO	XXX				
--	795 Stoffman, Zaria	VOC		NH			
	1.45	1.50	1.55				
	P	P	XXX				

Women Pole Vault

=====									
Name		Year School					Finals		
=====									
1	809	Jones, Lara				Washington		3.71m	12-02.00
		3.11	3.26	3.41	3.56	3.71	4.01		
		P	P	P	P	XO	XXX		
1	818	Peterson, Andrea				Washington		3.71m	12-02.00
		3.11	3.26	3.41	3.56	3.71	4.01		
		P	P	P	O	XO	XXX		
3	644	Peaslee, Melissa				Seattle Pacific		3.56m	11-08.00
		3.11	3.26	3.41	3.56	3.71			
		P	P	P	XO	XXX			
3	861	Miller, Christy				Western Washingt		3.56m	11-08.00
		3.11	3.26	3.41	3.56	3.71			
		P	O	O	O	XXX			
3	630	Allan, Carrie				Seattle Pacific		3.56m	11-08.00
		3.11	3.26	3.41	3.56	3.71			
		P	P	P	O	XXX			
3	804	Fjeran, Talyor				Washington		3.56m	11-08.00
		3.11	3.26	3.41	3.56	3.71			

	P	P	O	O	XXX			
3	824	Wojciechowski, All	Washington	3.56m	11-08.00			
	3.11	3.26	3.41	3.56	3.71			
	P	P	XXO	O	XXX			
3	815	Mudlo, Kelly	Washington	3.56m	11-08.00			
	3.11	3.26	3.41	3.56	3.71			
	P	P	O	XO	XXX			
9	634	Caldwell, Michaela	Seattle Pacific	3.41m	11-02.25			
	3.11	3.26	3.41	3.56				
	O	O	XXO	XXX				
10	855	Couvelier, Elsa	Western Washingt	3.26m	10-08.25			
	3.11	3.26	3.41					
	O	O	XXX					
10	856	DiEnno, Amanda	Western Washingt	3.26m	10-08.25			
	3.11	3.26	3.41					
	XXO	O	XXX					
10	760	Kamphuis, Esther	Unattached	3.26m	10-08.25			
	3.11	3.26	3.41					
	XO	XXO	XXX					
13	862	Mueller, Robin	Western Washingt	3.11m	10-02.50			
	3.11	3.26						
	O	XXX						
--	659	Cabebe, Courtney	Seattle U.	NH				
	3.11							
	XXX							
--	635	Gedde, Kjersti	Seattle Pacific	NH				
	3.11							
	XXX							
--	667	Johnson, Ariel	Seattle U.	NH				
	3.11							
	XXX							

Women Long Jump

=====									
Name	Year	School	Finals	Wind					
=====									
1	788	Abdulai, Rukayatu	Valley Royals	6.27m	1.2	20-0			
		6.27m(1.2)	5.95m(+0.0)	6.14m(0.7)	6.08m(-1.7)	6.25m(0.4)	FOUL(-1.5)		
2	633	Burns, Kelsey	Seattle Pacific	5.71m	1.1	18-0			
		5.36m(+0.0)	5.71m(1.1)	5.43m(1.2)	5.51m(-1.0)	5.59m(+0.0)	5.59m(-0.7)		
3	865	Warman, Emily	Western Washingt	5.43m	+0.0	17-0			
		5.18m(1.2)	5.43m(+0.0)	5.30m(1.0)	PASS	PASS	PASS		

4	709 Iworima, Diepiriye	Simon Fraser	5.42m	+0.0	17-0
	5.42m(+0.0) FOUL(0.7) FOUL(0.8) FOUL(-0.3) FOUL(-1.1) FOUL(-0.1)				
5	816 Nichols, Taylor	Washington	5.39m	+0.0	17-0
	FOUL(1.4) 5.39m(+0.0) PASS PASS PASS PASS				
6	607 Putnam, Chelsea	Pacific Lutheran	5.38m	0.7	17-0
	5.13m(0.8) 5.38m(0.7) 5.29m(0.3) 5.20m(-0.9) 5.26m(-0.8) 5.07m(-1.7)				
7	715 Williams, Valerie	Simon Fraser	5.27m	+0.0	17-0
	FOUL(0.8) FOUL(1.4) 5.14m(0.4) 4.94m(-0.7) 5.27m(+0.0) FOUL(-1.3)				
8	822 Vielma, Nicole	Washington	5.26m	1.0	17-0
	4.93m(-0.7) 5.26m(1.0) 4.85m(0.6) PASS PASS PASS				
9	706 Cook-Mackenzie, Ap	Simon Fraser	5.02m	1.0	16-0
	5.02m(1.0) 4.99m(+0.0) 5.01m(1.2)				
10	629 McGrane, Caitlin	Puget Sound	4.78m	0.5	15-0
	4.78m(0.5) 4.53m(1.9) 4.73m(1.3)				
11	676 Urbany, Becca	Seattle U.	4.75m	0.8	15-0
	4.53m(-0.1) 4.75m(0.8) 4.71m(0.8)				
12	514 Pattison, Alana	British Columbia	4.74m	1.3	15-0
	4.55m(-0.2) 4.74m(1.3) 4.54m(+0.0)				
13	805 Fleishman, Lindsey	Washington	4.64m	0.5	15-0
	4.64m(0.5) PASS PASS				
--	675 Tetzlaff, Toni	Seattle U.	FOUL		
	FOUL(0.4) FOUL(0.7) FOUL(1.0)				
--	674 Squires, Kamala	Seattle U.	FOUL		
	FOUL(0.9) FOUL(0.7) FOUL(+0.0)				

Women Triple Jump

=====					
	Name	Year School	Finals	Wind	
=====					
1	816 Nichols, Taylor	Washington	12.09m	2.6	39-0
	FOUL(0.6) 11.98m(2.1) FOUL(1.3) 11.85m(2.5) 11.92m(4.6) 12.09m(2.6)				
2	865 Warman, Emily	Western Washingt	11.66m	3.3	38-0
	FOUL(1.4) FOUL(2.6) FOUL(1.5) 11.61m(2.8) 11.24m(0.5) 11.66m(3.3)				
3	822 Vielma, Nicole	Washington	11.49m	3.7	37-0
	11.15m(+0.0) 10.95m(2.9) 11.13m(2.8) 11.49m(3.7) 10.57m(5.0) 11.33m(1.				
4	805 Fleishman, Lindsey	Washington	11.09m	2.6	36-0
	FOUL(0.6) 10.98m(1.5) 11.09m(2.6) 10.58m(2.5) 10.73m(1.6) 10.81m(1.4)				
5	553 Rose, Amanda	Central Washingt	10.88m	1.1	35-0
	FOUL(0.5) 10.88m(1.1) 10.74m(2.6) 10.60m(+0.0) FOUL(2.5) 10.45m(2.1)				
6	676 Urbany, Becca	Seattle U.	10.70m	1.2	35-0
	FOUL(+0.0) FOUL(2.8) FOUL(3.9) FOUL(0.8) 10.70m(1.2) FOUL(3.6)				
7	602 Arceneaux, Lakia	Pacific Lutheran	10.41m	3.5	34-0

FOUL(0.4) FOUL(1.9) FOUL(2.0) 10.41m(3.5) 10.33m(0.2) FOUL(3.8)
 -- 715 Williams, Valerie Simon Fraser FOUL
 FOUL(0.6) FOUL(1.2) PASS PASS PASS PASS

Women Shot Put

	Name	Year	School	Finals	
1	604 Hacker, Taylor		Pacific Lutheran	12.20m	40-00.50
	11.74m FOUL FOUL FOUL		12.20m FOUL		
2	950 Todhunter, Brittan		Unattached-Washi	11.49m	37-08.50
	FOUL 10.61m 11.49m 10.56m 11.25m 11.23m				
3	663 Currier, Lindsay		Seattle U.	10.69m	35-01.00
	10.04m FOUL 10.07m 9.98m 10.69m FOUL				
4	739 Lutjens, Kathryn		Treasure Valley	10.33m	33-10.75
	10.30m 9.50m 9.38m FOUL 10.33m FOUL				
5	629 McGrane, Caitlin		Puget Sound	9.82m	32-02.75
	9.12m FOUL 9.23m 9.82m 9.17m FOUL				
6	664 DeMartini, Sara		Seattle U.	9.43m	30-11.25
	8.83m 9.37m 9.43m 9.38m 8.92m 9.28m				

Women Discus Throw

	Name	Year	School	Finals	
1	597 Spies, Chantel		Kajaks T&F	46.06m	151-01
	42.87m 38.23m FOUL 46.06m FOUL FOUL				
2	521 Ter Laak, Lara		British Columbia	42.93m	140-10
	42.93m FOUL 42.80m FOUL 42.54m FOUL				
3	778 Huse, Erica		Unattached-Washi	41.13m	134-11
	39.59m 37.35m 41.13m 39.22m 40.11m 40.28m				
4	790 Patterson, Mikaela		Valley Royals	40.97m	134-05
	40.33m 38.51m 39.33m 40.92m 40.97m FOUL				
5	663 Currier, Lindsay		Seattle U.	40.94m	134-04
	37.69m FOUL 38.53m 34.14m 37.20m 40.94m				
6	817 Oyetuga, Korede		Washington	40.65m	133-04
	40.65m FOUL FOUL 39.14m 39.86m 38.82m				
7	739 Lutjens, Kathryn		Treasure Valley	37.54m	123-02
	37.54m 33.23m 34.26m FOUL 34.81m FOUL				
8	604 Hacker, Taylor		Pacific Lutheran	34.52m	113-03
	32.02m 29.73m 34.47m 32.02m 34.48m 34.52m				
9	950 Todhunter, Brittan		Unattached-Washi	29.60m	97-01

23.36m 29.60m 27.89m

Women Hammer Throw

=====							
Name		Year School				Finals	
=====							
1	604 Hacker, Taylor	Pacific Lutheran				53.14m	174-04
	50.04m 49.43m 53.14m FOUL 49.10m 50.28m						
2	521 Ter Laak, Lara	British Columbia				51.85m	170-01
	51.85m 50.82m FOUL 51.80m 50.86m 48.95m						
3	817 Oyetuga, Korede	Washington				46.64m	153-00
	45.87m 43.41m 46.64m 42.98m FOUL 45.57m						
4	729 Blake, Jillian	St. Martin's				41.86m	137-04
	40.02m FOUL 40.85m 41.08m 40.88m 41.86m						
5	778 Huse, Erica	Unattached-Washi				40.08m	131-06
	32.09m 38.73m 38.57m 37.58m 39.53m 40.08m						
6	602 Arceneaux, Lakia	Pacific Lutheran				36.94m	121-02
	29.77m 31.17m FOUL 34.58m 36.94m FOUL						

Women Javelin Throw

=====							
Name		Year School				Finals	
=====							
1	508 Gleadle, Liz	British Columbia				51.90m	170-03
	49.44m 50.09m 44.97m 51.05m 51.90m 46.92m						
2	648 Schantin, Jeeni	Seattle Pacific				47.75m	156-08
	39.74m 40.79m 43.66m 41.59m 40.63m 47.75m						
3	649 VerMulm, Lauren	Seattle Pacific				44.78m	146-11
	43.33m 44.78m 42.96m 41.18m 40.55m 40.24m						
4	789 Fraser, Nicolle	Valley Royals				43.66m	143-03
	43.57m 43.66m 41.90m FOUL 40.44m 41.97m						
5	550 McMeel, Katie	Central Washingt				37.56m	123-03
	35.28m 33.08m 37.56m 36.28m FOUL 34.64m						
6	512 Johnstone, Ella	British Columbia				36.28m	119-00
	34.74m 32.63m 36.28m 33.82m 32.82m FOUL						
7	632 Andrews, Carly	Seattle Pacific				31.74m	104-02
	FOUL 30.94m FOUL FOUL FOUL 31.74m						
8	670 Monahan, Clare	Seattle U.				27.89m	91-06
	24.15m 25.97m 24.02m 22.92m 26.96m 27.89m						
9	663 Currier, Lindsay	Seattle U.				26.35m	86-05
	24.50m FOUL FOUL 23.82m 26.35m 25.95m						

Men 100 Meter Dash

=====				
Name		Year	School	Finals
=====				
Section 1		Wind: 2.2		
1	723	Newton, Adam	Simon Fraser	10.79
2	538	Nathan, Andrew	British Columbia	10.88
3	897	Tilley, Alex	Western Washingt	10.92
4	696	Stanfield, Zach	Seattle U.	10.94
5	726	Thompson, Jeffrey	Simon Fraser	11.04
6	690	Mezzera, Jim	Seattle U.	11.07
Section 2		Wind: 2.1		
1	869	Agyei, Augustine	Western Washingt	10.86
2	764	Bennett, Phillip	Unattached	11.13
3	882	Gruger, Shane	Western Washingt	11.17
4	541	Shum, Mike	British Columbia	11.25
5	612	Jackson, Nate	Pacific Lutheran	11.41
6	771	Morales, Gabriel	Unattached	11.63
7	776	Waller Sr., Michae	Unattached	11.78

Men 200 Meter Dash

=====				
Name		Year	School	Finals
=====				
Section 1		Wind: -2.6		
1	717	Boss, Andrew	Simon Fraser	22.34
2	538	Nathan, Andrew	British Columbia	22.58
3	696	Stanfield, Zach	Seattle U.	22.77
4	726	Thompson, Jeffrey	Simon Fraser	23.05
5	541	Shum, Mike	British Columbia	23.79
Section 2		Wind: -1.6		
1	764	Bennett, Phillip	Unattached	22.46
2	786	Rucker, Sam	Unattached-Washi	22.49
3	614	Moog, Isaac	Pacific Lutheran	22.65
4	882	Gruger, Shane	Western Washingt	22.71
5	690	Mezzera, Jim	Seattle U.	22.76
6	897	Tilley, Alex	Western Washingt	22.88
7	654	Grounds, Micah	Seattle Pacific	23.41
Section 3		Wind: -1.3		
1	610	Bollen, Barrett	Pacific Lutheran	23.61
2	608	Alexander, Colin	Pacific Lutheran	23.74
3	612	Jackson, Nate	Pacific Lutheran	23.76

4	895 Snyder, Maxx	Western Washingt	23.79
5	776 Waller Sr., Michae	Unattached	24.07
6	879 Dye, Alex	Western Washingt	24.59

Men 400 Meter Dash

Name	Year	School	Finals
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Section 1

1	530 Halcro, Joel	British Columbia	48.44
2	717 Boss, Andrew	Simon Fraser	48.75
3	598 Lim, Kevin	Kajaks T&F	49.07
4	786 Rucker, Sam	Unattached-Washi	49.23
5	727 Unruh, Tyson	Simon Fraser	49.31
6	614 Moog, Isaac	Pacific Lutheran	49.85

Section 2

1	608 Alexander, Colin	Pacific Lutheran	50.55
2	527 Beck, Matt	British Columbia	51.02
3	610 Bollen, Barrett	Pacific Lutheran	51.52
4	792 Adair, Michael	Vancouver T-Bird	51.75
5	755 Smith, Casey	Treasure Valley	53.14
6	578 Lawrence, Justin	Everett CC	1:03.41

Men 800 Meter Run

Name	Year	School	Finals
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Section 1

1	830 Govier, Brian	Washington	1:51.22
2	838 Soberanis, Ryan	Washington	1:51.64
3	777 Wilkie, Mark	Unattached	1:52.65
4	773 Strickler, Eddie	Unattached	1:53.96
5	718 Culley, Mitchell	Simon Fraser	1:54.96
6	592 Barquero, Cesar	Idaho	1:57.57
--	825 Abbott, Austin	Washington	DNF

Section 2

1	624 Ramirez, Douglas	Pearson's Athlet	1:54.11
2	868 Abraham, Nick	Western Washingt	1:56.71
3	757 Ward, Kurt	Treasure Valley	1:57.07
4	533 Jankowski, Theo	British Columbia	1:58.28
5	575 Cheslik, Josiah	Everett CC	1:58.67
6	582 Wahlenmaier, Jacob	Everett CC	1:58.81

7	580 Trowbridge, Seth	Everett CC	1:59.20
8	700 Winger, Rustin	Seattle U.	1:59.47
9	536 McCluskie, Shane	British Columbia	2:00.60
10	692 Miller, Graham	Seattle U.	2:00.69
11	585 Lantz, Daniel	Great Falls	2:01.28

Section 3

1	620 Gavereski, Mike	Pearson's Athlet	1:57.67
2	587 Eidsmoe, Ryan	Highline CC	1:58.37
3	682 Auld, Chris	Seattle U.	1:59.91
4	625 Thomas, Sean	Portland	2:01.55
5	697 Sullivan, Daniel	Seattle U.	2:02.22
6	748 Dean, Kyler	Treasure Valley	2:03.15
7	873 Brown, Jake	Western Washingt	2:04.62
8	691 Mezzera, Tom	Seattle U.	2:07.15
9	751 Hernandez, Freddy	Treasure Valley	2:09.79
10	749 Frates, Josh	Treasure Valley	2:10.24
11	557 Johnson, Keith	Christ Life Trac	2:10.37

Men 1500 Meter Run

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Name	Year School	Finals
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Section 1

1	546 Garner, Eric	Brooks Eastside	3:46.53
2	898 Tomsich, Anthony	Western Washingt	3:47.21
3	734 Sayenko, Mike	Strands	3:48.02
4	593 Clark, James	Idaho	3:48.26
5	566 Smyth, Alex	Eastern Washingt	3:51.57
6	839 Spady, Kelly	Washington	3:53.04
7	826 Abdulahi, Faisal	Washington	3:53.34
8	832 McCary, David	Washington	3:58.22
9	827 Ahl, Chris	Washington	4:05.69
--	836 Quackenbush, Camer	Washington	DNF

Section 2

1	543 Smith, Jordan	British Columbia	3:56.82
2	683 Barkhaus, Erik	Seattle U.	3:57.19
3	767 Carlos, Shane	Unattached	3:57.24
4	768 Forster, Keir	Unattached	3:57.76
5	870 Bedell, Sam	Western Washingt	4:05.65
6	616 Phillips, John	Pacific Lutheran	4:08.44
7	657 Sleight, Nathanael	Seattle Pacific	4:08.61
8	719 Dahani, Samir	Simon Fraser	4:12.47

9	904 Zahn, Nathan	Western Washingt	4:13.22
Section 3			
1	563 Messiter, Sean	Club Northwest	4:09.38
2	757 Ward, Kurt	Treasure Valley	4:12.67
3	896 Spencer, David	Western Washingt	4:12.81
4	682 Auld, Chris	Seattle U.	4:14.01
5	689 McClement, Matthew	Seattle U.	4:14.58
6	700 Winger, Rustin	Seattle U.	4:14.60
7	692 Miller, Graham	Seattle U.	4:19.54
8	763 Alvarado, Nicholas	Unattached	4:20.09
9	735 Haas, Jacob	Stumptown LF	4:25.23
--	621 Nodine, Matt	Pearson's Athlet	DNF

Men 5000 Meter Run

=====			
	Name	Year School	Finals
=====			
Section 1			
1	730 Price, Josiah	St. Martin's	15:00.71
2	534 Kazuta, Kerry	British Columbia	15:02.09
3	567 Medhaug, Blake	Eleven-Eleven	15:09.48
4	564 Young, Tony	Club Northwest	15:11.82
5	565 Edbing, Bowe	Eastern Washingt	15:13.54
6	731 Riak, John	St. Martin's	15:15.42
7	732 Van Santen, Kyle	St. Martin's	15:18.99
8	828 Bromka, Alec	Washington	15:19.05
9	685 Heitzinger, Hans	Seattle U.	15:21.60
10	885 Jakobsen, Casper	Western Washingt	15:22.68
11	545 Thistlewood, Ben	British Columbia	15:22.78
12	687 Kollgaard, Adam	Seattle U.	15:23.52
13	579 Nilsen, Tyler	Everett CC	15:23.82
14	547 Bryden, Jordan	Calgary Spartans	15:24.36
15	561 Halliday, Scott	Club Northwest	15:27.16
16	548 Furlong, Mark	Calgary Spartans	15:31.21
17	532 Hunt, Theo	British Columbia	15:52.33
18	582 Wahlenmaier, Jacob	Everett CC	16:02.13
19	581 Wagner, Andy	Everett CC	16:07.37
20	655 Hamilton, Daniel	Seattle Pacific	16:26.59
21	746 Begay, Atcitty	Treasure Valley	16:39.36
22	577 Horn, TJ	Everett CC	17:01.50
23	772 Mueller, Jesse	Unattached	17:29.42

Men 110 Meter Hurdles

Name	Year	School	Finals
Section 1 Wind: -1.3			
1 775 Walker, Sean		Unattached	15.70
2 698 Sweeney, Devlin		Seattle U.	15.94
3 881 Gray, Andrew		Western Washingt	16.21
4 697 Sullivan, Daniel		Seattle U.	16.66
Section 2 Wind: 0.1			
1 793 Cheng, Ryan		Vancouver T-Bird	16.19
2 787 Vetter, Jake		Unattached-Washi	16.40
3 758 Williams, TJ		Treasure Valley	17.09
4 694 Poshusta, Robert		Seattle U.	17.18

Men 400 Meter Hurdles

Name	Year	School	Finals
Section 1			
1 754 Noble, Philip		Treasure Valley	53.74
2 842 Timpe, Miles		Washington	54.56
3 892 Myhre, Kevin		Western Washingt	54.98
4 900 Villanueva, Philli		Western Washingt	55.36
5 775 Walker, Sean		Unattached	55.45
6 771 Morales, Gabriel		Unattached	57.44
Section 2			
1 539 Pitt, Brynlynn		British Columbia	57.71
2 688 Martinez, Jude		Seattle U.	59.29
3 753 Lannon, marc		Treasure Valley	59.69
4 695 Smith Fraser, Jaba		Seattle U.	1:01.75
5 694 Poshusta, Robert		Seattle U.	1:01.78
6 758 Williams, TJ		Treasure Valley	1:06.94

Men 3000 Meter Steeplechase

Name	Year	School	Finals
Section 1			
1 656 Meis, Chad		Seattle Pacific	9:30.26
2 653 Friesen, Daniel		Seattle Pacific	9:31.48
3 586 Reyes, Jared		Great Falls	9:31.56

4	872 Brill, Eric	Western Washingt	9:35.05
5	886 Johnson, Kyle	Western Washingt	9:41.81
6	699 Van Nuland, Michae	Seattle U.	9:44.11
7	781 Drosky, Greg	Unattached-Washi	9:46.08
8	576 Elias, Mitchell	Everett CC	9:56.28
9	748 Dean, Kyler	Treasure Valley	10:06.89
10	540 Regan, Billy	British Columbia	10:10.20
11	526 Bean, Erik	British Columbia	10:12.55
12	745 Anderson, Darrin	Treasure Valley	10:14.24
13	769 Goman, Charlie	Unattached	10:15.27
14	728 Wakefield, Brett	Simon Fraser	10:22.25
15	756 Ward, Casey	Treasure Valley	10:48.57

Men 4x100 Meter Relay

School		Finals
1	British Columbia 'A'	41.62
	1) 530 Halcro, Joel	2) 544 Stewart, Rohan
	3) 538 Nathan, Andrew	4) 529 Giuffre, Mike
2	Western Washington 'A'	42.20
	1) 869 Agyei, Augustine	2) 882 Gruger, Shane
	3) 890 Miura, Joey	4) 897 Tilley, Alex
3	Seattle U. 'A'	42.23
	1) 691 Mezzera, Tom	2) 690 Mezzera, Jim
	3) 696 Stanfield, Zach	4) 697 Sullivan, Daniel
4	Seattle U. 'B'	45.57
	1) 694 Poshusta, Robert	2) 693 Odoemene, Udoka
	3) 695 Smith Fraser, Jabari	4) 686 Jaros, Ty
5	Treasure Valley CC 'A'	45.88
	1) 747 Burch-lucich, Beau	2) 749 Frates, Josh
	3) 755 Smith, Casey	4) 758 Williams, TJ
--	Simon Fraser 'A'	DNF
	1) 717 Boss, Andrew	2) 723 Newton, Adam
	3) 725 Nicolas, Dennis	4) 727 Unruh, Tyson

Men 4x400 Meter Relay

School		Finals
1	Western Washington 'A'	3:30.31
	1) 869 Agyei, Augustine	2) 876 David, Toby

3) 881 Gray, Andrew	4) 897 Tilley, Alex
2 British Columbia 'A'	3:34.33
1) 525 Allestar, Stuart	2) 527 Beck, Matt
3) 543 Smith, Jordan	4) 533 Jankowski, Theo
3 Seattle U. 'B'	3:36.69
1) 691 Mezzera, Tom	2) 696 Stanfield, Zach
3) 695 Smith Fraser, Jabari	4) 682 Auld, Chris
4 Seattle U. 'A'	3:39.39
1) 697 Sullivan, Daniel	2) 690 Mezzera, Jim
3) 700 Winger, Rustin	4) 692 Miller, Graham

Men 4x800 Meter Relay

School	Finals
1 Simon Fraser 'A'	7:48.46
1) 720 Fraser, Seth	2) 718 Culley, Mitchell
3) 724 Nichol, Stephen	4) 1002 Fraser, Chad

Men High Jump

Name	Year School	Finals
Flight 1		
1 555 Bailey, Cameron	Central Washingt	2.06m 6-09.00
1.80 1.85 1.90 1.95 2.00 2.06 2.08		
P P P O XXO O XXX		
2 787 Vetter, Jake	Unattached-Washi	1.95m 6-04.75
1.80 1.85 1.90 1.95 2.00		
O O O O XXX		
2 794 Little, Paul	Vancouver T-Bird	1.95m 6-04.75
1.80 1.85 1.90 1.95 2.00		
P P O O XXX		
4 686 Jaros, Ty	Seattle U.	1.85m 6-00.75
1.80 1.85 1.90		
O O XXX		
4 698 Sweeney, Devlin	Seattle U.	1.85m 6-00.75
1.80 1.85 1.90		
O O XXX		

Men Pole Vault

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	Name	Year	School	Finals	
1	835 O'Connor, Jared		Washington	5.35m	17-06.50
	4.30 4.45 4.60 4.75 4.90 5.05 5.15 5.25 5.35 5.42				
	P P P P P XXO P P XO XXX				
2	837 Roth, Scott		Washington	5.15m	16-10.75
	4.30 4.45 4.60 4.75 4.90 5.05 5.15 5.25 5.35				
	P P P P P P XO P XXX				
3	562 McCoy, Scott		Club Northwest	4.75m	15-07.00
	4.30 4.45 4.60 4.75 4.90				
	P P P O XXX				
3	874 Brown, Ryan		Western Washingt	4.75m	15-07.00
	4.30 4.45 4.60 4.75 4.90				
	P P P O XXX				
5	902 Winters, Josh		Western Washingt	4.60m	15-01.00
	4.30 4.45 4.60 4.75				
	P P XO XXP				
5	785 Oudekirk, Austin		Unattached-Washi	4.60m	15-01.00
	4.30 4.45 4.60 4.75				
	P XXO XO XXX				
7	903 Woodard, Hayden		Western Washingt	4.30m	14-01.25
	4.30 4.45				
	O XXX				
--	844 Vu, Ryan		Washington	NH	
	4.30 4.45 4.60 4.75 4.90				
	P P P P XXX				
--	884 Hoza, Nick		Western Washingt	NH	
	4.3				
	XXX				

Men Long Jump

	Name	Year	School	Finals	Wind
1	652 Felt, Justin		Seattle Pacific	7.04m	1.0 23-0
	FOUL(-0.2) FOUL(-0.3) 7.04m(1.0) 6.82m(0.2) FOUL(0.2) FOUL(0.9)				
2	528 Elliott, Svob		British Columbia	6.65m	+0.0 21-1
	FOUL(1.4) 6.35m(-0.7) 6.39m(-0.2) FOUL(-0.1) FOUL(1.2) 6.65m(+0.0)				
3	882 Gruger, Shane		Western Washingt	6.51m	-1.5 21-0
	FOUL(0.7) FOUL(-1.2) 6.51m(-1.5) PASS FOUL(0.2) FOUL(+0.0)				
4	783 Johnson, Clayton		Unattached-Washi	6.45m	1.3 21-0
	6.45m(1.3) 6.02m(+0.0) 6.07m(0.2) 5.89m(-0.9) 6.04m(-0.8) 6.13m(0.3)				

5	725 Nicolas, Dennis	Simon Fraser	6.42m	1.0	21-0
	6.39m(0.2) FOUL(0.2) FOUL(0.7) FOUL(-0.8) 6.42m(1.0) FOUL(0.4)				
6	693 Odoemene, Udoka	Seattle U.	6.41m	0.3	21-0
	FOUL(0.8) 6.22m(+0.0) FOUL(-0.9) 6.37m(1.3) 6.34m(0.8) 6.41m(0.3)				
7	782 Fedore, Cale	Unattached-Washi	6.26m	0.2	20-0
	FOUL(1.4) 6.26m(0.2) FOUL(-0.5) FOUL(-1.1) 6.22m(1.1) FOUL(0.8)				
8	780 Coleman, Justin	Unattached-Washi	6.15m	-0.1	20-0
	5.98m(+0.0) 6.09m(-0.5) 6.15m(-0.1) 6.01m(0.9) 5.86m(0.6) 6.07m(1.1)				
9	887 Koreyasu, Evan	Western Washingt	6.12m	-0.7	20-0
	FOUL(2.4) 6.12m(-0.7) 5.90m(-1.0)				
--	535 Khouw, Justin	British Columbia	FOUL		
	FOUL(2.1) FOUL(+0.0) FOUL(1.2)				
--	623 Pierre, Miguel	Pearson's Athlet	FOUL		
	FOUL	x			

Men Triple Jump

	Name	Year School	Finals	Wind	
1	783 Johnson, Clayton	Unattached-Washi	14.10m	2.1	46-0
	14.10m(2.1) 13.81m(1.5) 13.78m(-0.1) 13.69m(0.9) PASS PASS				
2	877 Davis, Will	Western Washingt	14.02m	1.2	46-0
	13.54m(0.2) 13.50m(+0.0) 13.89m(1.0) 13.55m(0.5) FOUL(1.9) 14.02m(1.2)				
3	893 Satterwhite, Tim	Western Washingt	13.96m	0.5	45-0
	FOUL(1.7) FOUL(0.8) 13.96m(0.5) 13.75m(1.0) FOUL(0.8) FOUL(0.8)				
4	722 Moldanov, Sviatosl	Simon Fraser	13.93m	1.6	45-0
	13.93m(1.6) FOUL(-0.7) FOUL(1.7) 13.40m(0.6) FOUL(1.3) 13.87m(0.4)				
5	686 Jaros, Ty	Seattle U.	13.43m	+0.0	44-0
	FOUL(3.5) FOUL(-0.2) 13.43m(+0.0) FOUL(0.4) FOUL(2.5) FOUL(1.7)				
--	754 Noble, Philip	Treasure Valley	FOUL		
	FOUL(2.1) FOUL(-0.1) FOUL(0.7) FOUL(0.2) FOUL(2.5) FOUL(0.8)				
--	780 Coleman, Justin	Unattached-Washi	FOUL		
	FOUL(+0.0) FOUL(1.7) FOUL(1.0) FOUL(1.6) PASS PASS				
--	833 McCune, Josh	Washington	FOUL		
	FOUL(2.3) FOUL(0.5) FOUL(-1.3) PASS PASS PASS				

Men Shot Put

	Name	Year School	Finals	
1	733 Washington, Sam	St. Martin's	15.54m	51-00.00
	15.20m FOUL FOUL 15.28m 14.86m 15.54m			

2	899 Varkevisser, Brand	Western Washingt	14.10m	46-03.25				
	13.00m	13.67m	13.51m	14.10m	13.46m	13.81m		
3	880 Elder, Ben	Western Washingt	13.76m	45-01.75				
	13.76m	FOUL	FOUL	PASS	PASS	PASS		
4	615 Nielsen, Jeff	Pacific Lutheran	13.14m	43-01.50				
	FOUL	12.21m	12.33m	12.37m	12.74m	13.14m		
5	770 Hoffman, Michael	Unattached	12.83m	42-01.25				
	12.83m	11.24m	12.16m	12.22m	12.70m	12.65m		
6	875 Cunningham, Donava	Western Washingt	11.34m	37-02.50				
	FOUL	11.34m	FOUL	10.75m	FOUL	FOUL		
7	752 Jones III, Reginal	Treasure Valley	10.46m	34-04.00				
	9.94m	FOUL	10.33m	10.46m	10.46m	9.57m		

Men Discus Throw

=====								
Name		Year School					Finals	
=====								
1	1001 Conwell, Will	Club Northwest					55.29m	181-05
	54.07m	53.68m	55.29m	53.53m	FOUL	FOUL		
2	829 Follmer, Peter	Washington					49.92m	163-09
	48.32m	FOUL	47.10m	FOUL	49.92m	48.66m		
3	733 Washington, Sam	St. Martin's					47.32m	155-03
	46.02m	47.32m	FOUL	44.19m	FOUL	45.82m		
4	875 Cunningham, Donava	Western Washingt					46.57m	152-09
	FOUL	46.57m	43.79m	45.72m	46.56m	46.37m		
5	880 Elder, Ben	Western Washingt					45.85m	150-05
	43.85m	45.85m	FOUL	42.69m	45.18m	45.26m		
6	542 Skermer, David	British Columbia					45.50m	149-03
	45.50m	FOUL	FOUL	45.44m	FOUL	FOUL		
7	770 Hoffman, Michael	Unattached					44.21m	145-00
	40.60m	FOUL	FOUL	44.21m	41.14m	41.72m		
8	889 Michaelson, Bryant	Western Washingt					42.20m	138-05
	42.20m	41.86m	42.15m	41.09m	FOUL	FOUL		

Men Hammer Throw

=====									
Name		Year School					Finals		
=====									
1	613 McNeill, Conor				Pacific Lutheran			49.42m	162-02
	43.30m	46.86m	47.07m	42.81m	FOUL	49.42m			
2	770 Hoffman, Michael				Unattached			48.60m	159-05
	46.73m	FOUL	47.26m	48.60m	FOUL	43.59m			

3	733 Washington, Sam	St. Martin's	47.69m	156-05
	45.53m	FOUL 44.05m	FOUL 47.69m 46.23m	
4	615 Nielsen, Jeff	Pacific Lutheran	38.76m	127-02
	FOUL 38.76m	FOUL 35.24m	FOUL 38.54m	
5	609 Berkedal, Bjorn	Pacific Lutheran	38.50m	126-04
	FOUL FOUL 38.50m	FOUL FOUL PASS		
6	889 Michaelson, Bryant	Western Washingt	36.38m	119-04
	FOUL FOUL FOUL FOUL	36.38m 36.13m		

Men Javelin Throw

=====								
Name		Year School					Finals	
=====								
1	537 Moss, Curtis	British Columbia					62.51m	205-01
	62.51m	61.98m	61.85m	59.56m	58.25m	58.63m		
2	834 Nyland, David	Washington					60.96m	200-00
	58.03m	58.45m	59.31m	60.24m	60.96m	59.19m		
3	765 Brewer, Justin	Unattached					60.32m	197-11
	59.80m	57.20m	58.30m	52.52m	53.03m	60.32m		
4	845 Woods, Zach	Washington					57.84m	189-09
	FOUL	56.15m	54.94m	57.84m	FOUL	55.89m		
5	883 Harrison, Alex	Western Washingt					53.91m	176-10
	53.91m	FOUL	FOUL	50.02m	53.86m	49.82m		
6	750 Hart, Kyle	Treasure Valley					52.85m	173-05
	52.85m	41.95m	48.25m	46.38m	46.61m	FOUL		
7	901 Wilhelmy, Steven	Western Washingt					51.18m	167-11
	44.46m	48.83m	50.07m	47.08m	48.24m	51.18m		
8	878 Dekock, Ben	Western Washingt					47.84m	156-11
	47.84m	44.96m	46.79m	46.58m	44.82m	FOUL		

7 PM

